



## **Equani Spa FAQ'S**

Please call for current hours of operation. 706-379-2336

Shuttle service is available for resort guests. Please notify the front desk staff when shuttle service is needed.

Complimentary use of steam rooms, hot tub and relaxation areas are included with treatment bookings.

**We recommend you arrive at least 15 minutes prior to your appointment, allowing time to fill out a info form and change into your robe.**

**Due to state guidelines, we do offer 45 minutes after your Spa service to enjoy all spa amenities.**

Please bring swimwear for use of the outdoor hot tub located on the Relaxation Deck.

Please inform your therapist before your treatment session begins if you have any allergies, are pregnant, or if you have any medical conditions.

Children under 18 must be accompanied by an adult. Only selected services and specific areas of the spa are allowed.

We require 72 hours' notice of cancellation of booking. Any services not cancelled within at least 24 hours before appointment time will be charged in full.

If you arrive late, we may not be able to perform the full service due to other bookings. Payment in full will still apply.

Gift Vouchers and gift cards are non-refundable.

For the comfort of all guests, this is a **Non-smoking facility**.

**Cell phones must be on vibrating only. Cell phones are not to be answered within the Spa facility.**

*Weekday is considered Thursday and Weekend is Friday thru Sunday.*

*Please note that all pricing is subject to change.*

## **Hand & Feet Treatments**

*“Soothe the soul when you soothe tired, stressed hands and feet”*

All hand and feet treatments are finished with filing and shaping of the nails and your choice of natural buffing or color polish application.

*\*Please note: Additional charges will apply to remove shellac polish.*

### **Simply Sugar Spa Manicure and Pedicure:**

Luxurious sugar scrub leaves the skin exfoliated and moisturized. Smoothing away dryness and leaving the skin with a healthy glow

*Simply Sugar Spa Manicure (25 minutes) Weekday: \$45; Weekend \$55*

*Simply Sugar Spa Pedicure (45 minutes) Weekday: \$55; Weekend: \$65*

### **Marine Masque Manicure and Pedicure:**

Inspired of the sea, marine botanicals and sea salts energize with quartz crystals and menthol cooling to refresh and revitalize – like a barefoot walk on the sand.

*Marine Masque Manicure (25 minutes) Weekday: \$45; Weekend: \$55*

*Marine Masque Pedicure (45 minutes) Weekday: \$55; Weekend: \$65*

### **Econ Fin (Paraffin alternative) Manicure and Pedicure:**

Warm econ fin 100% natural with shea butter and essential oils is drizzled onto the skin and wrapped in booties with warm towels. This service leaves the skin supple and is excellent for guest with arthritis in the joints.

*Eco Fin Manicure (25 minutes) Weekday: \$45; Weekend: \$55*

*Eco Fin Pedicure (45 minutes) Weekday: \$55; Weekend: \$65*

### **Hand Grooming:**

Nail Polish \$25

Buff and file \$25

*Shellac removal \$25*

*Shellac removal with manicure \$75*

*Mini pedicure: (25 minutes) \$45*

## **Face Treatments**

*“Release the Beauty Within”*

### **Down to Earth:**

A deep purifying facial based with organic clay and natural botanicals to gently exfoliate reduce impurities and rebalance oily, blemish prone skins.

*(50-minute treatment) Weekday: \$100; Weekend: \$110*

### **Skin Resonance:**

A customized treatment with remarkable ingredients to soothe, strengthen and desensitize. Redness is eliminated and fragile sensitive skin is improved.

*(50-minute treatment) Weekday: \$105; Weekend: \$115*

### **Hydro Memory:**

Deep hydrating and restoring treatment using organic skin care products. Exceptional moisturizing and restoration of dry dehydrated skin while promoting a silky skin texture.

*(50-minute treatment) Weekday: \$115; Weekend: \$125*

### **Back in Time:**

A facial designed for woman with hormone aging skin that is regenerating, densifying and nourishing. This facial is performed with sublime skin products that leave your skin with ultimate cellular regeneration, ideal for pre & post-menopausal women. (Not for any guest that may be pregnant)

*(50-minute treatment) Weekday: \$125; Weekend: \$135*

### **Men’s URTH Facial:**

A men’s clarifying and cleansing facial that leaves the skin hydrated with minimum shine and improved skin tone. Organic men’s line products are used containing antioxidants and frankincense. This is great for all skin types.

*(50-minute treatment) Weekday: \$105, Weekend \$120*

### **Organic “Quick Fix” Facial:**

This 30-minute facial is good for all skin types. Using all organic products made with orange flower, rose or mandarin oils cleansing, toning and moisturizing leaving neglected skin refreshed.

*(30-minute treatment) Weekday: \$65, Weekend \$75*

## **Massage Treatments**

*“Listen with your Heart”*

### **Swedish Relaxation:**

Increases circulation, relieves muscle tension, pain, and helps release stress. The long flowing strokes promote total realization, a feeling of tranquility and heightened well-being.

*(50) Minute, Weekday: \$110; Weekend \$120*

*(80) Minute massage, Weekday: \$150; Weekend \$165*

*Couples Massage, (50) minute, Weekday \$235 – Weekend \$260*

*Couples Massage, (80) minute, Weekday \$300 – Weekend \$320*

### **Integrative Deep Tissue:**

A highly therapeutic full-body massage utilizes a variety of advanced massage techniques with deeper and more direct pressure on specific muscle groups.

*(50) Minute, Weekday: \$120 - Weekend \$130*

*(80) Minute massage, Weekday: \$160 - Weekend \$175*

*Couples Massage, (50) minute Weekday \$260 – Weekend \$280*

*Couples Massage, (80) minute Weekday \$320 - Weekend \$360*

### **Mini Massage (Points)**

This is a relaxation treatment where 25 minutes are focused on the neck, back and shoulders. Excellent add on to one of our facial or pedicure service when time is a factor.

*Weekday \$55*

*Weekend \$65*

### **Hot Stone Massage:**

Using smooth heated stones, this massage treatment provides deep heat at strategic points on the body. Muscles are warmed and relaxed with the combination of expert massage, deep penetrating heat and customized oils.

*(50) Minute, Weekday: \$140; Weekend: \$155*

*(80) Minute single, Weekday: \$190; Weekend: \$205*

*Couples Massage (50) minutes, Weekday: \$285; Weekend: \$305*

*Couples Massage (80) minutes, Weekday: \$360; Weekend: \$390*

### **Prenatal massage:**

Perfect for the mommy-to-be!! With this relaxing light stroke massage, using all mommy in mind organic line products we will focus special attention to those areas that are causing you stress most during the pregnancy. It

helps with a decrease in water retention and muscle tension also using pillows to support you throughout the massage. This massage is suggested to pair with our mother’s minute bath that is infused with organic bath oil that replenishes and relaxes mom before the massage. This service is recommended for women in their 2<sup>nd</sup> and 3<sup>rd</sup> trimester only.

*(50) Minute, Weekday: \$130; Weekend \$140*

## **Equani Rituals**

*“To Cleanse the Mind, Body, and Soul”*

These services help the body and the mind to fully decompress and detoxify mentally and physically. All rituals begin with a hand and foot wash to fully insinuate a new beginning, and start with the detoxifying experience instantly. Following you will receive a bath and or shower to fully relax the body and have the mind as clear as it can be. After the body is fully relaxed you will finish with a massage of your choice to provide the body and mind with ultimate relaxation.

### **7 Clan Ritual:**

A highly detoxifying experience to stimulate circulation and balance the skin, the treatment begins with a European dry body brushing and manual lymphatic drainage. This is followed by an application of a balancing mud masque. While relaxing in the cocoon, a scalp & face massage is performed for ultimate relaxation. After your shower rinse you choose a Deep Tissue or Swedish massage completing your journey leaving you with a relaxed, light and renewed feeling

*(2) Hour treatment \$245*

### **Way of the Circle Ritual:**

A skin enhancing mud masque is applied using a traditional sun & moon technique. While enclosed in the cocoon, a face & scalp massage is performed to release tension & stress. Following a shower rinse, you get the choice of a Deep Tissue or Swedish massage that completes the circle.

*(2) Hour treatment \$245*

### **Going to the Water Ritual:**

Essential oils are combined as a custom blend to create an intensely moisturizing and relaxing soak. Next is a salt glow to exfoliate and cleanse, eliminating dry dead skin and stimulating circulation. Along with an application of rich creamy mud to relieve the ache of sore muscles and swollen joints while bestowing systematic balance and renewed energy. While enclosed in the cocoon, the therapist will perform a skin specific facial to cleanse, calm redness, and hydrate along with a therapeutic scalp massage.

*(2) Hour, (10) minute treatment \$300*

### **E-Lo-Hi Ritual:**

The relaxation begins with a detoxifying mud wrap during which a scalp & face massage is performed. You will then relax and rinse in your private bubble bath infused with moisturizing oils. Completing this ritual is an (80) minute Hot Stone Massage. The ultimate in relaxation

*(2.5) hour treatment \$260*

### **Please Note:**

**Depending on the time of year, rituals with the bath experience, will be discounted to our winter rates due to baths being located on an uninsulated outside deck, and our showers in the locker rooms will be provided as the secondary option.**

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## **Seasonal Bathing Experiences**

To provide a multitude of benefits including relaxation, detoxification, stress relief, increased circulation, skin toning and rejuvenation, choose one of our Hydrotherapy Tub Bathing experiences to add to your treatment. Color therapy lights and unique mineral, marine and aromatherapy preparations enhance your truly therapeutic and memorable experience. Every treatment room has a private deck with Hydro Tub allowing you to enjoy the outstanding Blue Ridge Mountain views and sounds of nature from your Tub, leaving your entire body free of tension and newly energized.

### **Signature Bath:**

Rich oils are combined with indulgence bubbles to create an intensely moisturizing and relaxing soak prior to a massage or service of your choosing.

*20-minute treatment Weekday: \$55; Weekend: \$65*

### **Botanical Mud Bath:**

Experience intense detoxification with a body brush application of botanical mud and a soak in a Hydra-jet tub with custom essential oils, followed by a full body and scalp massage of your choice. This is ideal for post golf or horse-riding activities.

*1 hour, 30-minute treatment Weekday: \$175; Weekend: \$185*

### **Blokes' Soak Bath:**

Soak in a custom blend of oils and bath salts to release tension in muscles following a day of golf. This is followed by an integrative deep tissue massage to target specific problem areas. Leaving you feeling fit and ready to play again the next day.

*1 hour, 30-minute treatment Weekday: \$175; Weekend \$185*

### **Mother's Minute - Soak:**

Organic Mother's bath oil designed to replenish and relax with uplifting skin nourishing essential oils. 20-minute soak to soften and sooth, safe for use during and after pregnancy. Great to pair with the 50-minute prenatal massage.

*20-minute treatment Weekdays \$55; Weekend \$65*

### **Please Note:**

**All Bathing experiences are offered in Spring, Summer and early Fall seasons only.**

## **Body Masque**

*“Always see harmony and balance in all things”*

Our exceptional treatments help to awaken the body and reduce fatigue. Body services are 50-minute s in duration, with complete privacy using the hydro-therapy capsule. These body treatments help to remove dried skin cells and infuse hydration, so you can achieve the goal of smooth and healthy-looking skin.

### **Hydro Therapy – Sugar Glow**

Experience the hydro therapy machine! Your therapist will perform a face and scalp massage while your body steams in the capsule. Following with an exfoliating body treatment with a smoothing sugar scrub. The client will then be rinsed in the capsules built in shower... Finishing with a nourishing scented lotion applied to skin leaving it with a glowing refreshed look.

*50-minute treatment Weekdays \$115; Weekend \$130*

### **Body Strategist**

A treatment for minimizing the appearance of the fatty deposits and contouring the body. Due to the heating-freezing action it contours and firms the body at the same time. Best results are achieved form a series of treatments. It also is an ideal quick fix for a slimming effect.

*Choose from a 50-minute treatment Weekday: \$125; Weekend: \$140*

*Or a series of 6 treatments: \$650*

### **Mineral Body Mud Muscle Ease**

This treatment helps relieve tension, muscular aches and pains while eliminating toxins and nourishing the skin.

This is an ideal treatment for those who need stress and body tension relived.

*50-minute treatment Weekday: \$130; Weekend: \$140*

#### **Please Note:**

**Full body steam is not recommended for pregnant women or anyone with uncontrolled HBP.**



## Spa Salon Services

*“Achieve a look that emphasizes your natural beauty”*

### **Make Up:**

- ✦ Make Up Application \$35
- ✦ Formal Make Up Application \$55
- ✦ Eye Lash Applications only \$40

### **Hair:**

#### *Special Occasion Style:*

- ✦ Short \$55, Medium \$65, Long Hair \$75

#### *Shampoo & Style:*

- ✦ Short \$45, Medium \$50, Long Hair \$60

#### *Hair Cut*

- ✦ Women’s Haircut and Shampoo and Style: Short \$65, Medium \$75, Long \$85

#### *Hair Color*

- ✦ Hair Color Retouch Only \$80
- ✦ Hair Color Virgin application \$80
- ✦ Highlights with foils \$120

### **Other Services:**

Eyebrow Tweezing; Arching; Re shaping  
Waxing services

*Call for information and pricing*

### **Bridal Packages:**

Please contact the Spa Supervisor and Wedding Coordinator, Victoria Rodriguez, at [vrodiguez@brasstownvalley.com](mailto:vrodiguez@brasstownvalley.com) for Bridal Party information, or Spa Director Michael Shirley at [mshirley@brasstownvalley.com](mailto:mshirley@brasstownvalley.com)

Onsite bridal hair & make up services are available by appointment.

*Trial Run Bridal Veil Placement and Make Up sessions are available by appointment*

### **Men’s Services:**

- ✦ Men’s Haircut \$25
- ✦ Haircut with Shampoo & Blow Dry \$40
- ✦ Men’s Neck Trim \$25

## **Spa Fare**

Come and enjoy delicious light healthy snacks, pre or post treatment, served to you in the comfort of your robe within the indoor or outdoor relaxation areas. Both a sweet and salty blend of assorted nuts and fruits will be available along with both the food and beverage menus below, for the comfort of our guest.

### **Light Snacks:**

- ✦ Charcuterie and Cheese Plate
- ✦ Roasted Red Pepper Hummus with Pita Chips
- ✦ Artichoke and Olive Tapenade with Artisan Crackers

### **Gourmet Smoothies:**

- ✦ Strawberry
- ✦ Raspberry

### **Beverages:**

- ✦ We offer a selection of Tea, Coffee, Hot Chocolate, Champagne, Wine, Beer and Juices.

*Sample menu only, Selections may change due to the availability of seasonal ingredients.*

## **The Equani Spa Heritage**

Inspired by the native Cherokee, the Equani Spa has carefully integrated unique elements and activities indigenous to the Tribe that stimulate and replenish your mind, body and soul.

### **Special message from Joyce Dugan**

The Equani Spa is located in a very special Cherokee place that, if you're very still and quiet, will give you solitude without loneliness, and a sense of peace and tranquility that is the true essence of this valley. Native people throughout this country have often been dishonored through misrepresentation of our cultural/traditional beliefs and customs, so it was with great relief and pleasure for me to visit The Equani Spa and witness for myself the tasteful and elegant representations of the Cherokee culture. Being located on traditional Cherokee lands makes it even more critical that the representations are accurate, and it is evident that much thought and preparation were put into the design and development of the Spa, including seeking the advice and input of many Cherokee people.

Wa-do (thank you) to all those who had a part.

Joyce Dugan

*Former Chief of the Eastern Band of Cherokee Indians -1995 to 1999*

\*the first woman ever elected to the position

### **Preserving Cultural Resources:**

The Georgia Department of Natural Resources sought to develop Brasstown Valley Resort & Spa without adversely affecting the site's cultural resources. Prehistoric and historic archaeological sites within resort boundaries were identified by intensive archaeological survey. Resort designers avoided sites so that they would be preserved with no impact from resort development.

The Georgia Department of Natural Resources worked with the Eastern Band of Cherokees to insure that the excavation of archaeological sites was carried out in a manner that was sensitive to Native American traditions and values. Historic artifacts were found such as types of stamped Indian pottery along the Brasstown Creek sites and where sites could not be avoided; significant scientific information was recovered by large scale archaeological excavation.

The Georgia Department of Natural Resources has attempted, in every aspect of its continuous development of the Brasstown Valley Resort & Spa, to exercise responsibility and sensitive stewardship of an area with significant historic importance to the citizens of this state.

During the entire course of the archaeological investigations, the area was constantly patrolled by Georgia Department of Natural Resources enforcement personnel to insure that the excavations were not disturbed or vandalized. Ultimately, no burials were excavated or disturbed by the archaeological work.